

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>P Pool M Mezzanine MK Mezzanine Kitchen PA Pool Area L Lobby T Theater C Chapel BR Bingo Room</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors(P) 10:30 Laugh Yoga (BR) 11:00 Nails by Rafa(L) 1:00 Wii Bowling(M) 5:15 Piano Music (L) 6:00 Movie Night with Jojo (TH) 7:00 Brain Booster (BR)</p> <p style="text-align: right;">1</p>	<p>10:00 Exercise Class(P) 10:00 Water Workout with Northlake Seniors(P) 1:00 Trim a Mini Tree for your apartment (MK) 1:00 Wii Bowling (M) 2:00 Open Swim (P) 7: 00 Bingo (BR)</p> <p style="text-align: right;">2</p>	<p>10:00 Exercise Class (P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Left, Right, Center (MK) 1:30 Resident Club Meeting (BR) 2:00 Resident Club Bingo (BR) 2:00 Open Swim(P) 5:15 Piano Music (L) 6:00 Journal Club (MK)</p> <p style="text-align: right;">3</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Senior (P) 11:00 Bible Study (C) 1:00 Wii Bowling (M) 2:00 Catholic Singers, Prayer Readings & Rosary (C) 2:00 Open Swim (P) 7:00 Open AA Meeting</p> <p style="text-align: right;">4</p>	<p>10:00 Power Back (P) 10:30 Thematic Study of the Bible (C) 1:00 Wii Bowling (M) 2:00 Open Swim(P) 5:15 Piano Music(L) 5:30 Christmas Lights Outing 6:00 Movie Night with Jim (TH)</p> <p style="text-align: right;">5</p>	<p>10:00 Chair Yoga (P) 11:00 Prayer Group (C) 1:00 Dance Party with Gabby 2:00 Open Swim (P) 2:00 Calm Coloring (MK) 7:00 Bingo (BR)</p> <p style="text-align: right;">6</p>
<p>10:00 Nondenominational Church Group (C) 1:00 Mexican Bingo (BR) 2:00 Open Swim (P) 2:00 Pool Club (P) 3:00 Crochet Class (MK) 6:00 Card Games (M) 6:00 Movie Night with Tom (TH)</p> <p style="text-align: right;">7</p>	<p>9:15 The Nutcracker at The Dominican University Outing 10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 10:30 Laughing Yoga (BR) 10:30 Sewing Circle (M) 11:00 Nails by Rafe(L) 1:00 Wii Bowling (M) 2:00 Open Swim(P) 5:15 Piano Music (L) 6:00 Movie Night with Jojo (TH)</p> <p style="text-align: right;">8</p>	<p>10:00 Exercise Class (P) 10:30 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 2:00 Open Swim (P) 7:00 Bingo (BR)</p> <p style="text-align: right;">9</p>	<p>10:00 Exercise Class (P) 10:30 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Left, Right, Center (MK) 2:00 Birthday Party with Bob(M) 2:00 Open Swim (P) 5:15 Piano Music (L) 6:00 Journal Club (MK)</p> <p style="text-align: right;">10</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 11:00 Bible Study (C) 1:00 Wii Bowling (M) 2:00 Catholic Mass with Father Luke (C) 2:00 Open Swim(P) 7:00 Open AA Meeting</p> <p style="text-align: right;">11</p>	<p>10:00 Power Back (P) 10:30 Thematic Study about the Bible (C) 1:00 Wii Bowling (M) 2:00 Open Swin(P) 5:15 Piano Music (L) 6:00 Movie Night with Jim (TH)</p> <p style="text-align: right;">12</p>	<p>10:00 Chair Yoga (P) 11-1pm Christmas Brunch 11:00 Prayer Group (C) 1:00 Wii Bowling (M) 2:00 Calm Coloring (MK) 7:00 Bingo (BR)</p> <p style="text-align: right;">13</p>
<p>10:00 Nondenominational Church Group (C) 1:00 Wii Bowling (M) 2:00 Pool Club(M) 2:00 Open Swim(P) 3:00 Crochet Club (MK) 6:00 Card Games (M) 6:00 Movie Night with Tom (TH)</p> <p style="text-align: right;">14</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 10:30 Laughing Yoga (BR) Hanukkah Lunch 11:00 Nails with Rafa (L) 1:00 Wii Bowling (M) 2:00 Open Swim (P) 5:15 Piano Music (L) 6:00 Movie Night with Jojo (TH) 7:00 Brain Booster (BR)</p> <p style="text-align: right;">15</p>	<p>10:00 Exercise Class (P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Walking Club 1:00 Wii Bowling (M) 2:00 Open Swim (P) 7:00 Bingo (BR)</p> <p style="text-align: right;">16</p>	<p>10:00 Exercise Class(P) 10:00 Water Workout with Northlake Seniors(P) Noon Resident Club Luncheon on 16th Floor 1:00 Wii Bowling(M) 1:00 Left, Right, Center (MK) 1:00 Walking Club 2:00 Town Hall (BR) 2:00 Open Swim (P) 5:15 Piano Music (L) 6:00 Journal Club (MK)</p> <p style="text-align: right;">17</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 11:00 Bible Study(C) 1:00 Wii Bowling (M) 1:00 Walking Club 1:00 Hanukkah Craft (MK) 2:00 Communion with Deacon Richard(C) 2:00 Spanish Class (BR) 2:00 Open Swin (P) 7:00 Open AA Meeting</p> <p style="text-align: right;">18</p>	<p>10:00 Power Back (P) 10:30 Thematic Study of the Bible (C) Noon Elvis Christmas Show (L) 1:00 Wii Bowling (M) 2:00 Open Swim(P) 5:15 Piano Music (L) 6:00 Movie Night with Jim (TH)</p> <p style="text-align: right;">19</p>	<p>10:00 Chair Yoga(P) 10:30 Christmas with Santa & his Elf's (MK) 11:00 Prayer Group (C) 1:00 Dance Party with Gabby 2:00 Calm Coloring (MK) 7:00 Bingo (BR)</p> <p style="text-align: right;">20</p>
<p>10:00 Nondenominational Church Group 1:00 Mexican Bingo (BR) 2:00 Open Swim (P) 3:00 Crochet Class (MK) 6:00 Card Games (M) 7:00 Movie Night with Tom (TH)</p> <p style="text-align: right;">21</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 10:30 Power Back Health Seminar (P) 10:30 Laughing Yoga (BR) 10:30 Sewing Circle (M) 11:00 Nails with Rafa (L) 1:00 Wii Bowling (M) 2:00 Open Swim(P) 5:15 Piano Music(L) 6:00 Movie Night with Jojo (TH)</p> <p style="text-align: right;">22</p>	<p>10:00 Exercise Class (P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Walking Club 2:00 Open Swim (P) 7:00 Bingo (BR)</p> <p style="text-align: right;">23</p>	<p>10:00 Exercise Class (P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Left, Right, Center (MK) 2:00 Open Swim(P) 5:15 Piano Music (L) 6:00 Journal Club (MK)</p> <p style="text-align: right;">24</p>	<p>Special Brunch 1:00 Wii Bowling (M) 2:00 Open Swim (P)</p> <p style="text-align: right;">25</p>	<p>10:00 Power Back (P) 10:30 Thematic Study of the Bible(C) 1:00 Wii Bowling (M) 2:00 Open Swim(P) 5:15 Piano Music (L) 6:00 Movie Night with Jim (TH)</p> <p style="text-align: right;">26</p>	<p>10:00 Chair Yoga (P) 11:00 Lunch Buffet 11:00 Prayer Group (C) 1:00 Dance Party with Gabby 2:00 Calm Coloring (MK) 7:00 Bingo (BR)</p> <p style="text-align: right;">27</p>
<p>10:00 Nondenominational Church Group (C) 1:00 Wii Bowling (M) 2:00 Open Swim (P) 2:00 Pool Club (M) 3:00 Crochet Class (MK) 6:00 Card Games (M) 7:00 Movie Night with Tom (TH)</p> <p style="text-align: right;">28</p>	<p>10:00 Power Back (P) 10:00 Water Workout with Northlake Seniors (P) 10:30 Laughing Yoga (BR) 10:30 Sewing Circle (M) 11:00 Nails with Rafa (L) 1:00 Wii Bowling (M) 2:00 Open Swim (P) 5:15 Piano Music (L) 6:00 Movie Night with Jojo (TH)</p> <p style="text-align: right;">29</p>	<p>10:00 Exercise Class(P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Walking Club 2:00 Cocktail Party with John B.(M) 2:00 Open Swim (P) 7:00 Bingo (BR)</p> <p style="text-align: right;">30</p>	<p>10:00 Exercise Class(P) 10:00 Water Workout with Northlake Seniors (P) 1:00 Wii Bowling (M) 1:00 Left, Right, Center (MK) 1:30 Walking Club 2:00 Open Swim (P) 5:15 Piano Music (L) 6:00 Journal Club (MK) 6:00 N.Y.E Party & Fire Works (16th)</p> <p style="text-align: right;">31</p>	<div style="text-align: center;">  <h1 style="color: green; font-size: 48px; margin: 0;">DECEMBER 2025</h1> </div>		